FAMILY CONCERNS

IN THE HOSPITAL:

BRIGHT GLADE REHAB CENTER: Herrold Hanson (Former Member)

LAUDERDALE COMMUNITY LIVING CENTER: Barb Elkins (Joint Heirs)

MILLINGTON HEALTH CARE CENTER: Ruth Ann Weatherington (Former Member)

REGIONAL MEDICAL CENTER: Ladarius Thomas

ST. FRANCIS - EAST: Janice Joyce

CHURCH FAMILY:

Gerald Bond (Bereans); Cecelia Dennis (Faith Walk); Emogene Moore (Singles Blended); Mike Newell (Joint Heirs); Stacy Robinson (Singles Blended); Michael and Melanie Semore (Joint Heirs); Vicki Vandiveer (Seekers); Doris Watson (Singles Blended); Janet Whitworth (Singles Blended)

FAMILY & FRIENDS:

Jo Barber; Bobbie Bradley; Ambreill Brown; Shelia Cason; Jimmie Clements; Shirley Cook; Alicia Clark; Polly Cox; Cherissa Dennis; Tyler Densford; Sue Doyle; Max Dula; Michelle Edwards; Taryn Edwards; William (Buddy) Elmore; Bill and Louise Flatt; Margaret Floyd; Kathy Geisel; Danny Ginn; Deborah Hobson; Bill and Elizabeth Inman; Sharon Jefferson; Frank and Karen Johnson; Mary Ann Lazar; Taylor Lowe; Larry McKenzie; Kristen Pack; Donna Rike; Bill Scott; Jane Tomlinson; Laura Webster; David Whiteside; Willie Williams; Angela Yates

IN THE MILITARY:

John Berger (Army National Guard); Quadrell Brumfield (Airforce); Jeffrey Cigrang (Navy); Major Jennifer Conk (Airforce); Major Ryan Conk (Airforce); James Cooper (Army); Major Lauren Cotney (Air Nat. Guard); Col. Whitney Gardner (Army); Brooks Gatlin (National Guard); Sgt. Tommy Glasscock (National Guard); John Grady (Army National Guard-abroad); Major Aaron Hines (Air Force-abroad); Major Stefan Lockton (Army); Jesse James Lucas (Airforce); Jackson Nelms (Army National Guard); Gerri Ripple (Navy); Jacob Robinson (Army); Paul T. Robinson (Army); Shawn Royer (Army); Jacob Tomlinson (Army National Guard); Col. Clarence David Turner (Army)

ON THE MISSION FIELD:

- Bruce, Janet, and Annie Bates (Cumberland, RI)
- Caleb, Fran, Abigail, Elizabeth, Ruth, and Mariam Borchers (Providence, RI)
- Colette Daugherty (Meudon, France)
- Arlin and Pamela Hendrix (Meyzieu, France)
- William and Helena Horace (Providence, RI)
- Frank and Gladys Hotorwoshie (Accra, Ghana)
- Ananias Moses (Gaborone, Botswana)
- Ralph and Twyla Williams (Moduli, Tanzania)

LAST WEEK'S STATISTICS	ATTENDANCE: Sunday, 8.4 AM Worship Services 507 AM Classes	CONTRIBUTION: Sunday, 8.4 Weekly Actual\$21,305 Weekly Budget\$27,500
	Wednesday 7.31206	

Family Accomplishments

Dr. Matt Carter recently received the Stephen Ekstein award, the Campus For Christ Conference's highest honor, given as a lifetime achievement award in campus ministry. Matt serves as Director of Admissions at Harding School of Theology and was this year's conference host coordinator. Matt was a student in the University of Georgia campus ministry, interned at the University of Memphis campus ministry, then went on to serve as campus minister at Kansas State and as church and campus ministry planter at the university of North Carolina. Congratulations, Matt!

New Campus Minister Announced at SOMA

The SOMA Christian Student Center is pleased to announce **Darrin Ruddy** as the new campus minister of their college ministry at the University of Memphis. Darrin has served as the executive committee chair and has been an active volunteer with his wife, Cheryl, for the last 10 years. In addition to his knowledge of the organization, Darrin brings many valuable assets to the position including a love for college-age young adults, ministry experience, a passion for the Kingdom, and a desire to serve the city of Memphis. The



SOMA Christian Student Center is a ministry shepherded by the White Station elders. We congratulate Darrin in his new role as campus minister!

SOMA Volunteers Needed

SOMA is looking for people to help provide meals for their weekly Monday Night Meals for the upcoming semester. By volunteering, you get the awesome opportunity to feed a bunch of hungry college students. This is one of SOMA's biggest ministry events, and it is a great opportunity to bring faces through the door and to fellowship with one another! You can sign up online at www.takethemameal.com. To find the sign-up, search for the recipient last name Memphis, and our password is SOMA. If signing up online does not work please call 901-452-1717.

Did You Know The HST Library is Available to You?

One of the benefits of our location in East Memphis is our proximity to the Harding School of Theology Library. The collection of 150,000 volumes is widely respected among theological libraries in the Southeast. Members of COCWS receive borrowing privileges (3 books for 4 weeks, with 1 renewal). Just tell the person at the library front desk that you are with White Station to set up an account. Find out more at www.hst.edu/library and follow @hstlib on Twitter.



WHITE STATION

Real faith. Real friends. Real life.

WWW.COCWS.ORG



AUGUST 11, 2019



To our guests...

Welcome to White Station. Thank you for choosing to worship with us today. We pray you will be uplifted by the worship assembly, challenged by today's lesson, and find connection in one of our Bible classes.

If you want to learn more about White Station and how you can join us as we serve God & our city, join us at our next Discovery Worship.

For more information: donmkinder@gmail. com.

This Week at White Station

Fellowship Every Weekday from 8 a.m. to Noon in the Coffee House

MONDAY (8.12)

- Walking Track open from 8 a.m. to 9 p.m.
- Devotional @ 9:30 a.m. in the Coffee House
- Community Exercise @ 10 a.m. in the CLC Gym
- Community Yoga @ 6:15 & 7:30 p.m. in the CLC Gym

THESDAY (8.13

• Walking Track open from 8 a.m. to 7 p.m.

• Volleyball Free Play (Adv.) from 7 to 9 p.m. for ages 18+

WEDNESDAY (8.14)

• Walking Track open from 8 a.m. to 4:30 p.m.

Pickleball from 9 a.m. to Noon in the CLC Gym
Open Half-Court Basketball from 2 to 4 p.m.

• Devotional @ 3 p.m. in the Chapel

• Pickleball from 8 to 10 p.m. in the CLC Gym

THURSDAY (8.15)

• Walking Track open from 8 a.m. to 9 p.m.

• Devotional @ 9:30 a.m. in the Coffee House

• Community Exercise @ 10 a.m. in the CLC Gym

• Volleyball Free Play from 7 to 9 p.m. for ages 18+

FRIDAY (8.16)

- Men's Prayer Group at 6:30 a.m. in the Education Building Conference Room
- Walking Track open from 8 a.m. to 4:30 p.m.
- Pickleball from 9 a.m. to Noon in the CLC Gym
- Open Half-Court Basketball from 2 to 4 p.m.

SATURDAY (8.17)

- Walking Track open from 9 a.m. to Noon
- Open Half-Court Basketball from 9 a.m. to Noon

DOWNLOAD THE SERVER ONLINE AT WWW.COCWS.ORG



Sunday Morning Worship

A staffed nursery is provided for children 0 - 36 months. The nursery is located on the green hallway, Room E112 in the Education Building. We also provide an age-appropriate Children's Worship for children ages 3 through Kindergarten located on the south hall in Room 129.

10:15 a.m.

Juliuay Morning Worship	10:15 a.iii.		
AUDITORIUMWorship Leader: Greg Muse			
Welcome/Scripture Reading [Psalm 19:14]/Prayer	Earl Manning		
731 - Take Time To Be Holy			
"Spirit of the Ordinary Moments" (Psalm 19, Luke 1-4) Bob Turner			
Response Song: 15 - Step By Step			
Songs: 615 - He Keeps Me Singing			
443 - The Precious Book Divine			
821 - Pray All The Time			
365 - How Beautiful	James Donnis		
Lord's Supper and Offering			
Song: 806 - Sun Of My Soul			
66 - Doxology			
Prayer	Ellis Haguewood		
FELLOWSHIP HALL			
Welcome/Announcements/Scripture [Romans 8:14-16]/Prayer Susan Vaughn			
Songs: My Life Is In You			
Restore My Soul			
As The Deer Lord's Supper and Offering	Sharri Spain		
Bread and Cup: I Love You, Lord			
Offering: Holy Spirit (Dwell In Me)			
Song: How Can I Keep From Singing?			
"Spirit of the Ordinary Moments" (Psalm 19, Luke 1-4) Bob Turner			
Songs: Take Time To Be Holy			
You Are Good	OL . T		
Special Announcement Steve Townsdin Prayer/Blessing Don Kinder			
Frayer/Diessing	Don Kinder		
Sunday Evening Worship 5:00 p.m.			
CHAPELWorship Leader: Greg Muse			
Welcome/Scripture Reading [1 Timothy 1:15-17]/PrayerReggie Jamerson			
Songs: 211 - There Is A Savior 275 - O Lord, You're Beautiful			
250 - The Great Redeemer			
1 a 200 The grout Readermer	0 1 0 :		

WHAT ABOUT WEDNESDAY?

Sermon Carlus Gupton

Lord's Supper and OfferingRodney Plunket

PrayerLloyd Berry

• @ 3:00 p.m. — Lucas Suddreth in the Chapel

Response Song: 291 - The Great Physician

Song: 508 - A Wonderful Savior

• @ 6:30 p.m. — Women's Summer Series in G209/210

Iglesia de Cristo in the Chapel One Another (Men's Class) in G206

Peak of the Week in G201

Sanctuary (Youth Group) in the Station

Children (age 3 - 6th grade) in the Educational Building



Join us this Wednesday night after Bible classes for an Ice Cream Social in the CLC Gym.



Sympathy

We extend sympathy to **Dave Bland and family** on the passing of his father, **Bob** Bland on Thursday, August 8th. Please remember Dave and Nancy, their sons Nathan, Justin, and B.J. Bland, and their families in your prayers. A memorial service will be planned soon in Ft. Collins, Colorado.

Our thoughts and prayers are with Linda Nelson (Seekers) and family upon the sudden death of her grandson, Frederick Wicks, on Wednesday, August 7th. The funeral arrangements are incomplete at this time.

Seniors On The Go Again...

We are making our plans to attend the next Creative Aging event at Theatre Memphis. Next up is a performance by John Angotti on Wednesday, August 21st at 1:30 p.m. An accomplished pianist from a young age, John Angotti engages the audience with music ranging from old jazz standards to hits originally performed by music legends such as Billy Joel and Elton John. We plan to purchase tickets in advance for \$5, so please give your money to **Joyce Heffernan** or leave it in the church office by **Sunday**, **August 11th**. A large crowd is expected for this event, so please try to be at the theatre by 12:45 p.m. on the day of the event.

"Back To School" at Willow Oaks Elementary

Willow Oaks has also asked for volunteers to welcome their students back to school tomorrow, August 12th at 7:30 a.m. for about an hour. Please contact Daphne Logan (dlogan@cocws.org or 901-761-2007) if you would like to volunteer.

HST Fall Course Audit

White Station members are eligible to participate in the Church Audit program at Harding School of Theology. You may audit select courses for only \$50. The Fall 2019 course is "Survey of Paul's Letters" taught by Dr. Richard E. Oster, Jr. In this course, we will look at Ephesians, Galatians, 2 Timothy, and Titus, four ancient letters providing four pillars for modern followers of Christ seeking to engage the contemporary world with a genuine faith. The class will meet on Tuesday nights from 6:00-8:45 p.m. The class begins this Tuesday, August 13th and will end on December 3rd. For more information or to register, you can visit <a href="https://example.com/https: Admissions Office at 901-432-7750, or simply come to the first class meeting.

Upcoming Wedding Shower

There will be a wedding shower for Anna Baskett and Taylor Bourne on Sunday, August 25th from 3:00-4:30 p.m. in the Fireplace Room. They are registered at Bed, Bath, and Beyond and Target. Anna is the daughter of Cindy Leavell.

FROM CALEB TAYLOR

Lord, Teach Us To Pray

When I was a child, my parents prayed with me and encouraged me to pray. Most prayers took place at meal times and before bed. I was also encouraged to lead prayers at church and at church activities. When I became a follower of Christ after my baptism, those were still about the extent of my prayer habits. I don't mean to be critical of my parents, though I think the church I grew up in should feel some shame for neglecting to teach more on prayer. I am aware that prayer can become a thing Christians and the church simply assume happens on a deep level, but how can we grow in prayer unless we are taught?

In Luke 11:1, the disciples ask Jesus to teach them how to pray. Why? They know they need to be taught. They know Jesus and others have something to offer, as far as prayer is concerned, that they need. Yet when I was a young believer, I was given one formula for prayer, like a template for a letter to God alongside a specific pacifying posture meant more for keeping everyone silent while a prayer is said. And, the pattern I was given really only provided me with two phrases, "Dear God," and "In Jesus' name, Amen," while teaching me to improvise anything else that may come in between. In other words, all I was actually taught about prayer was to do it. But, how?

It wasn't until late into my Master's program that I realized there was truly more to prayer and communication with God than spoken letters of requests and thanks. I was taught that I could research in prayer, writing papers in search of God's wisdom alongside God. I was taught to reflect on how God is shaping me so I might better discern what he wants from me. I was taught that my emotions are important to God, and that presenting my emotions to God is as important as any words I might say. I learned several more things, but the important thing is that I was taught and given time to practice and reflect. That is what I hope the Jack P. Lewis Christian Studies Seminar and the Bible classes during the months that follow will enable us to experience.

Our upcoming seminar on September 14th will focus on experiences and practices of prayer. Sheila Vamplin (one of our very own!) will guide us through a practical study of prayer introducing us to different styles of prayer and practices to promote intimacy with God. Sheila received her Doctorate of Ministry from Lipscomb University after writing her thesis entitled Measuring the Music of Our Lives: Contemplative Prayer as Sabbath Rest for Ministry in the "Culture of Busy." She has guided our ministry team in a time of cultivating our prayer lives, and now the rest of us have the wonderful opportunity to share in Sheila's wisdom in order to further develop our own intimacy with God.

Maybe it will be the first time to learn about different ways of praying and drawing close to God for some of you. If so, that will be fantastic! For others, it may be a reminder of some things with introductions to a few new practices. No matter where you are in your prayer life and intimacy with God, I hope you take the time to join us in what I'm sure will be a powerful experience of prayer and practice together. Please plan on participating in this active study of prayer with us on September 14th as well as in our adult Bible classes that will follow.